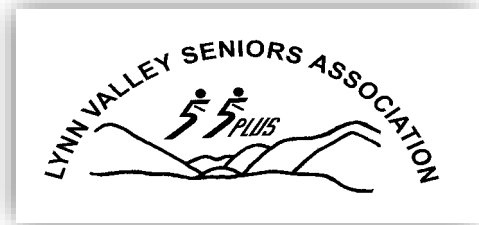


LVSA NEWS



Mollie Nye House
940 Lynn Valley Road
North Vancouver, BC
V7J 1Z7
604-987-5820
Website: www.lvsa.ca

September - October 2025



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Mollie Nye House will be closed on
Monday, September 1, 2025
For Labour Day and
Monday October 13, 2025
For Thanksgiving Day

Third Annual 90th Birthday Party



SAVE THE DATE
Saturday, Sept. 19, 2025
From 4 – 6 pm
Mollie Nye Activity Room

Border Beaver



Message from the Board by Peggy Ament, Editor

Board Members
Marina Bailey
Susan Befus
Georgina Duplissie
Jackie Hay
Barbara Murphy
Mary Pruner

In Memoriam: We acknowledge the passing of two of our LVSA members

Terry Bragg

Mary Menzies



If you are aware of an LVSA member who is ill or hospitalized or who has lost a loved one, please let us know. One of our volunteers is willing to write and send cards of cheer or condolences. However, cards cannot be sent out unless we hear from you. Please call 604-987-5820 and leave a message for Jackie.

Munch & Mingle (Operated by Vancouver Coastal Health)

This service runs every Wednesday
11:30 am – 12:30 pm

In the Mollie Nye House Activity Room

For \$7, Soup & Sandwich will be served along with coffee or tea.

All seniors and their caregivers are welcome!

You are welcome to reserve your spots by calling 604-761-1474

MESSAGE FROM YOUR BOARD

Our annual plant sale in May was a blooming success! Blessed with sunshine the event brought in \$508.61 in proceeds thanks to the hard work of our volunteers and the enthusiastic support of the community.

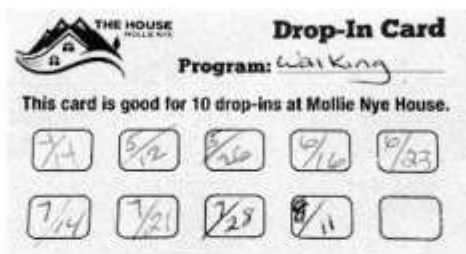
A big round of applause goes to our dedicated Mollie Nye gardeners who keep our gardens looking absolutely stunning. Many Sunrise residents tell us how much they enjoy the flowers – some even say it is the most beautiful garden in Lynn Valley.

In response to the tragic fire at the Silverlynn Apartments, on behalf of our members, the LVSA Board voted to donate \$5,000. to the Fireman's Charity. This contribution along with others will be shared among the 41 residents who lost their homes in the blaze.

Our special events committee is now hard at work preparing for the 3rd annual 90th Birthday Party happening on Friday, September 19th from 4pm – 6pm. It promises to be a joyful celebration, we hope you will join us!

We are also happy to report that LVSA membership is growing, now at 125 members strong. However, with Peggy stepping down from the LVSA Board in May we are in need of a President. If you are interested in helping shape our future, please consider volunteering. Contact a Board member or leave a note in our mailbox.

We are excited to share that a brand new LVSA mailbox has been installed in the reception area of Mollie Nye House – a convenient spot for dropping off notes, suggestion or feedback.



LVSA members can purchase a \$40 card for 10 drop-in classes at Mollie Nye House. Once your card is filled, it will be entered into a draw for a free one. See Sophia to purchase yours today.

Third Annual 90th Birthday Party

September 19, 2025

From 4 – 6 pm



Drop into Mollie Nye House on Sept 8 or 10 from 11:30 – 2:00 to sign up.

Alternatively, put \$5 in an envelope with your name and Birthday Party on the front and leave at the front desk.

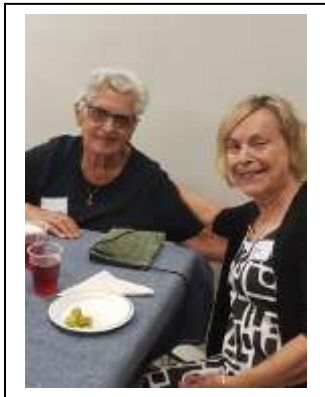
Deadline for sign up is Friday, September 12, 2025

Photos of the Membership Appreciation Event

On the afternoon of August 22, 2025, the LVSA Board had the pleasure of hosting a heartfelt Member Appreciation Event to thank our members for their continued support over the years. The event welcomed 44 members who gathered to enjoy an afternoon of music, refreshments, and camaraderie.

Guests were treated to a live performance by soloist Monik Maryanovich accompanied by guitarist Chris Dietrich. The duo entertained the audience with a selection of Spanish and English songs creating a warm and inviting atmosphere.

To complement the music, attendees were served a variety of tidbits and beverages, making for a relaxed and enjoyable experience. Thank you to everyone who attended and helped make the afternoon special.



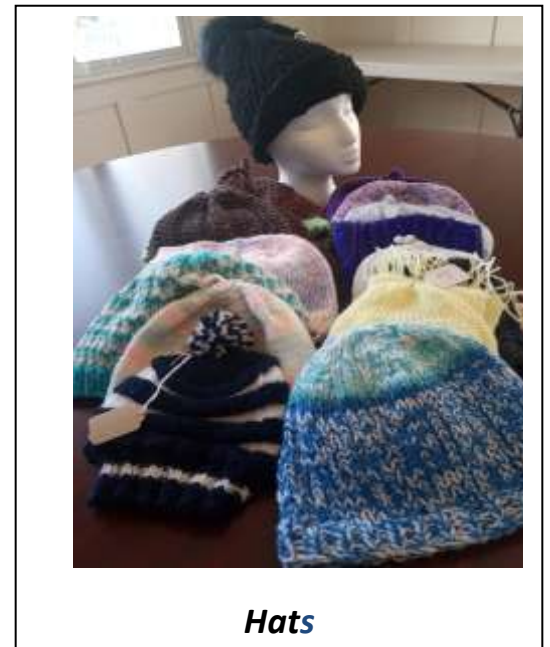
Walking Group at Mollie Nye House

The LVSA Monday walking group will hit a milestone Monday, September 15th when we start our 14th year of walking the paths and trails of the North Shore. The group is led by Jackie Hay and Audrey Dewan. Two of the walkers, Judy Stringer and Veronica Bernier, have been walking with us since day one. If you are interested in joining our group, we walk at a moderate pace for about an hour and a half leaving 10 am Monday morning from different locations. A walking schedule is available upon request. There is no charge for your first walk. Subsequently, LVSA members \$4, Non-members \$6. If you are interested in joining our group, please contact Mollie Nye House @ 604.987.5820 and leave a message for Jackie or Audrey.



This photo does not do JUSTICE to the amazing hand-crafted goods which are displayed on the shelves behind the reception desk. Come and see for yourself. The inventory is all individually priced and sorted according to category. There are DEALS to be had, for sure!

LVSA MOLLIE'S NOOK



Hats



Scarves

Many LVSA members have contributed to Mollie's Nook. The LVSA would like to send them a BIG THANKS Dianne, Doreen, Elli, Jackie, Jan C., Jan L., Jeanette, Lorraine, Magdalena, Margaret, Mona, Peggy, Shirley, Trudi.
PLEASE SUPPORT OUR SENIORS!

CALENDAR OF DROP-IN ACTIVITIES FOR MOLLIE NYE HOUSE

Fee for Walking Group, Chair Stretch, Mahjong, Sewing,
Stamp Club, Friendly Friday

\$4 per session for LVSA members/\$6 for non-members

Munch & Mingle is operated by Vancouver Coastal Health

Wednesdays 11:30am-12:30pm

\$7 for Soup/Sandwich/Tea or Coffee

Monday	Tuesday	Wednesday	Friday
<p>Walking Group – Audrey 10:00am Location: Various</p> <p>Chair Stretch – Del 11:45am – 12:45pm Location: Activity Room</p>			<p>Friendly Friday - Jan 10:30am – 12:30 pm Location: Dining Room</p>
		<p>Munch & Mingle Vancouver Coastal Health 11:30am– 12:30pm Location: Activity Room</p>	
<p>Mahjong - Dee 1:00 pm – 3:00pm Location : Activity Room</p>	<p>Sewing/Quilting Mona/Marg 12:00pm – 3:30pm Location: Activity Room</p>	<p>Stamp Club -Martin 2nd and 4th Wednesdays 1:30pm – 3:30pm Location: Activity Room</p>	

