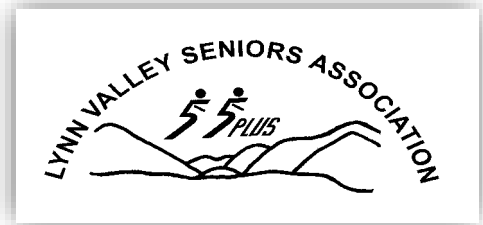


LVSA NEWS



Mollie Nye House
940 Lynn Valley Road
North Vancouver, BC
V7J 1Z7
604-987-5820
Website: www.lvsa.ca

November - December 2025



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Mollie Nye House will be closed
on Monday, December 22, 2025
and will reopen
on Monday, January 5, 2026
for Christmas Holidays

LVSA

Christmas Luncheon



SAVE THE DATE

Tuesday, Dec. 9, 2025

12 – 3 pm

Mollie Nye Activity Room



Peggy Ament, Editor

Board Members

**Marina Bailey
Susan Befus
Georgina Duplissie
Jackie Hay
Barbara Murphy
Mary Pruner**

MESSAGE FROM YOUR BOARD

To honor and remember the sacrifices made by our Veterans, the Lynn Valley Seniors Association has donated a wreath on behalf of our members. The wreath will be placed during the Remembrance Day services on November 11th at the Royal Canadian Legion #114 - 1630 Lynn Valley Road.

After ten incredible years as editor of LVSA newsletter, we send a heartfelt thank-you to Peggy as she retires from this role. Peggy's dedication, creativity, and care have shaped the way we share our news. Thank you, Peggy.

SAVE THE DATE.....your Board is planning a Christmas Luncheon to be held on Tuesday, December 9, 2025 from 12 – 3 pm. Look for further information to be sent to your inbox at a later date.

In Memoriam: We acknowledge the passing of one of our LVSA members

Margaret Charles



If you are aware of an LVSA member who is ill or hospitalized or who has lost a loved one, please let us know. One of our volunteers is willing to write and send cards of cheer or condolences. However, cards cannot be sent out unless we hear from you. Please call 604-987-5820 and leave a message for Jackie.

Third Annual 90th Birthday Party

LVSA's 3rd Annual 90th Birthday Party held on September 19, 2025 was a joyful success. Members came together to honour eight of our twelve amazing Super Seniors with warmth, laughter and celebration. The Birthday Gals in attendance were Del Dimock, Doreen Cottrell, Dorothy Scott, Joyce Hoey, Marianne Decaron, Marion Carabine, Shirley Smith and Wally Becker. Unfortunately, Maureen Bragg, Reta Dixon and Peg McIsaac were unable to attend. A big thank-you to everyone who joined in the fun and a special thank you to Terry Beech, MP for Burnaby North and Seymour who donated the cake! Congratulations to Marie Smith who won the LVSS Drop-in card from the LVSS.



**Happy Birthday
Super Seniors!**

**We can't wait to
celebrate with you
again next year.**

Walking Group at Mollie Nye House

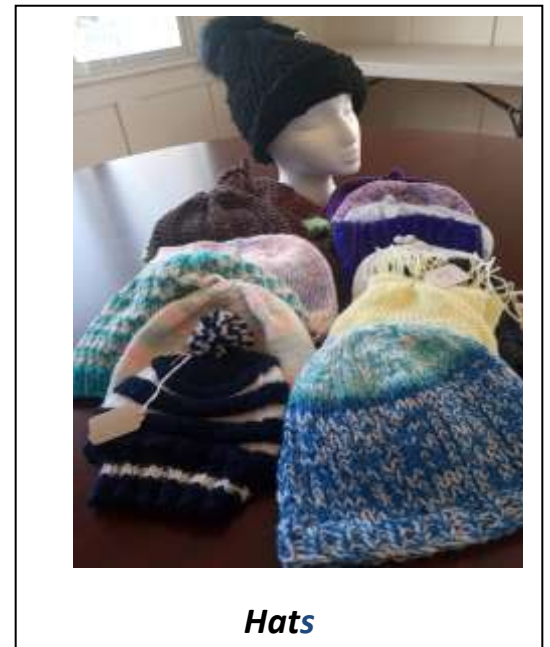
Our adventurous Seniors took to the streets of Pemberton Heights on the hunt for the best Halloween displays. They braved glowing skeletons, cackling witches, and one very convincing zombie lawn ornament. Between the laughs and a few playful scares, it was clear our group was having a spooktacular time. Spotted in Pemberton Heights—ghosts, goblins and a few mischievous LVSA Seniors!



The LVSA Seniors will have a table at the Craft Fair on November 22, 2025 from 11:30 – 3:30. Many of our Seniors have donated their time and talent by contributing to the selection of handmade articles which will be excellent Christmas gifts. Please stop by our table and shop items MADE IN CANADA!!!

This photo does not do JUSTICE to the amazing hand-crafted goods which are displayed on the shelves behind the reception desk. Come and see for yourself. The inventory is all individually priced and sorted according to category. There are DEALS to be had, for sure!

LVSA MOLLIE'S NOOK



Many LVSA members have contributed to Mollie's Nook. The LVSA would like to send them a BIG THANKS
Dianne, Doreen, Elli, Jackie, Jan C., Jan L., Jeanette, Lorraine, Magdalena, Margaret, Mona, Peggy, Shirley, Trudi.
PLEASE SUPPORT OUR SENIORS!

CALENDAR OF DROP-IN ACTIVITIES FOR MOLLIE NYE HOUSE

Fee for Walking Group, Chair Stretch, Mahjong, Sewing,
Stamp Club, Friendly Friday

\$4 per session for LVSA members/\$6 for non-members

Munch & Mingle is operated by Vancouver Coastal Health

Wednesdays 11:30am-12:30pm

\$7 for Soup/Sandwich/Tea or Coffee

Monday	Tuesday	Wednesday	Friday
<p>Walking Group – Audrey 10:00am Location: Various</p> <p>Chair Stretch – Del 11:45am – 12:45pm Location: Activity Room</p>			<p>Friendly Friday - Jan 10:30am – 12:30 pm Location: Dining Room</p>
		<p>Munch & Mingle Vancouver Coastal Health 11:30am– 12:30pm Location: Activity Room</p>	
<p>Mahjong - Dee 1:00 pm – 3:00pm Location : Activity Room</p>	<p>Sewing/Quilting Mona/Marg 12:00pm – 3:30pm Location: Activity Room</p>	<p>Stamp Club -Martin 2nd and 4th Wednesdays 1:30pm – 3:30pm Location: Activity Room</p>	

DID YOU KNOW? You can enjoy live entertainment right here in the Valley. Looking for a fun night out close to home? The Lynn Valley Services Society (LVSS) hosts live entertainment once a month on a Friday night at the cozy Mollie Nye House--and it is all available for a small fee. These evenings offer an opportunity to enjoy local performers, connect with friends, and share a few laughs, all without leaving the neighbourhood. Visit www.lvss.ca for upcoming events and details.

LVSS is looking for volunteers to help decorate Mollie Nye House for Christmas. If you would like to help, please sign up with Victoria, LVSS Event co-coordinator, at 604.987.5820.