

# LVSA NEWS



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## May - June 2022 Issue



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**Mollie Nye House will be closed  
on Monday, May 23, 2022  
For Victoria Day**





**Message from the Board  
by Peggy Ament, President**

**Board Members  
Peggy Ament  
Marina Bailey  
Margaret Ballantine  
Georgina Duplissie  
Jackie Hay  
Wanda Lloyd**

Spring was in the air, as 29 members of the LVSA gathered in the Activity Room at Mollie Nye House for our Annual General Meeting. It was a huge success because we conducted our yearly business while enjoying our usual social atmosphere. In addition to adopting reports and revising bylaws, we welcomed two new members who have offered to be on our Board of Directors. They are Marina Bailey and Wanda Lloyd. In addition, four members have generously renewed their service to the Board for another term. They are Peggy Ament, Margaret Ballantine, Georgina Duplissie, and Jackie Hay. We gave our thanks to retiring Board members: Janet Dysart, Carol Thompson, Dee Walker who have all confirmed that they will continue with some committee work. We were awed by the report that our Bus, shared with Silver Harbour, delivered over 18,000 meals across the North Shore. Wow! The AGM was a time to collect our thoughts regarding past years, especially the impact of the pandemic, as well as affording us the opportunity to look ahead, to regroup, and move forward.

The AGM was also an occasion to honour late member, Neil Hay. He was truly the epitome of what it is to be a community-minded volunteer. In his memory both the LVSA and LVSS contributed to a "Witch Hazel" tree planted by the ever-faithful volunteer gardeners in the front of Mollie Nye House. For years to come, its yellow blooms will be some of the first to appear in the Spring, a reminder of Neil's initiatives and natural generosity as a volunteer.

Our numbers have grown to over 100 members who participate in over 7 LVSS drop-in programs. Now's the time to join one of those programs or hop on our LVSA bus for a road trip. If you haven't already done so, now's the time to join us at THE HOUSE!

If you are aware of an LVSA member who is ill or hospitalized or who has lost a loved one, please let us know. One of our volunteers is willing to write and send cards of cheer or condolences. However, cards cannot be sent out unless we hear from you. Please email [info@lvsa.ca](mailto:info@lvsa.ca) or call 604-987-5820 and leave a message for Peggy.

## PHOTOS OF THE AGM, Friday April 22, 2022



*Welcome to our two New Board Members– Marina Bailey and Wanda Lloyd, sitting with Lorraine Campbell, LVSA Outreach Coordinator*



*Thanks to the Special Events Committee Members, Carol Thompson and Dee Walker flanking Peggy Ament, Interim President*



*All photos courtesy of Jackie Hay who managed to capture herself while Jeanette Franklin and Peggy Ament admire the beautiful quilts which Jeanette sews for the LVSA at Mollie's Nook. Jeanette donates to Sage House as well. Difficult to display, please let us know if you would be interested in purchasing one of these amazing quilts.*



*Pictured here are Georgina Duplissie and Margaret Ballantine, members of the Board of Directors, with Pat McVicar and Jeanette Franklin, who looked after the sale of handcrafted items which the LVSA members have made and donated to Mollie's Nook. Located on the shelves behind the reception desk, we welcome your purchases and donations.*

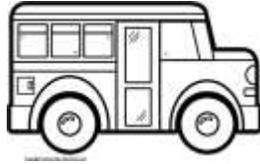


*Also, in attendance at the AGM were some of the volunteer gardeners who work tirelessly in Mollie's Garden. Pictured here are Bernadette Robb, Marina Bailey and Audrey Dewan. These volunteers worked right through the pandemic in all kinds of weather, performing a labour of love to produce a natural environment which we all enjoy.*

**The Lynn Valley Seniors Association is operated by volunteers. As with all organizations, "many hands make light work". If you would like to join us, just let us know.**

**Call the House at 604-987-5820 and we'll be in touch.**

## LVSA BUS TRIPS FOR MAY 16<sup>th</sup>, 31<sup>st</sup> & JUNE 9<sup>th</sup> & 20<sup>th</sup> 2022



### The following bus trips are now available:

**A VISIT TO STEVESTON** Mon. May 16<sup>th</sup> 10:00am – 3:00pm  
Costs: Member \$25.00 non-member \$35.00 Register by May 9<sup>th</sup>

Spend 3 hrs. of free time in Steveston, a lovely fishing village on the Fraser River. Walk the waterfront, buy fish fresh off the boat, explore some of the village's quaint shops, enjoy lunch (not included in price) at one of the many restaurants.

\*\*\*pick up at Karen Magnussen @ 10:15 am (arrive 15 mins before departure)

**A DAY TRIP TO WHISTLER** Tues. May 31<sup>st</sup> 9:15 am – 3:45 pm  
Costs: Member \$35.00 non-member \$45.00 Register by May 24<sup>th</sup>

Enjoy a scenic drive to Whistler and spend 3 hrs. of free time in the Village, enjoy lunch (not included in price) sightseeing and shopping.

\*\*\*pick up at Karen Magnussen @ 9:30 am (arrive 15 mins. before departure)

**A DAY TRIP TO FORT LANGLEY VILLAGE** Thurs. June 9<sup>th</sup> 9:45am – 3:15pm  
Costs: Member \$23.00 non-member \$33.00 Register by June 1<sup>st</sup>

Enjoy 3 hrs. of free time in this historic village. Visit the Fort Langley National Historic site, have lunch (not included in price) at one of the restaurants, walk along the river or explore the main street with its attractive heritage building. Lots of walking.

\*\*\*pick up at Karen Magnussen @ 10 am (arrive 15 mins. before departure)

**A VISIT TO HARRISON HOT SPRINGS** Mon. June 20<sup>th</sup> 9am – 4:15pm  
Costs: Member \$28.00 non-member \$38.00 Register by June 10<sup>th</sup>

Enjoy a scenic drive to Harrison, the jewel of the Fraser Valley & home of the famous hot springs. You have 3 hrs. to explore before returning to North Shore.

\*\*\*pick up at Karen Magnussen 9:15am (arrive 15 mins. before departure)

**\*\*\*Masks are highly recommended while on the bus**

# Mollie Has Her Very Own “Little Free Library”

By Teresa James, Librarian

Next time you are at Mollie Nye House, be sure to check out the Library’s new look! The books which have been languishing on the shelves before the COVID closure, have been removed and replaced by fresh new donations. There is no longer a charge for them. If you want a book, it is free! Right now, there is a good supply of Fiction and Mysteries as well as some Classics and recent Non-Fiction.

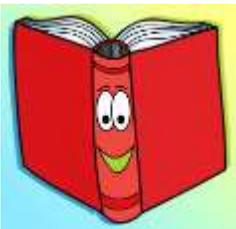
The older books have been bundled up and sent off to Booklovers, a wonderful second-hand bookstore located in the Twin Towers at 175 East 3rd Street. The Lynn Valley Seniors Association now has a credit of over \$100 at Booklovers from which you can draw if you want to buy a book. The credit is derived from what Dalyce, the owner of Booklovers, can sell the books for. Say the book you want is priced at \$10. If you mention to Dalyce that you belong to the LVSA, you will only need to pay half the price, \$5, as long as we have a credit. The clearance books that are \$1 would cost you only 50 cents! Hardcover that are regularly \$2 and \$3 for small paperbacks would also be half price when you draw from our credit. Large paperbacks and non-fiction hardcovers have various prices, and again you would only pay half of her price.

If you wish to donate books to the LVSA, they should be in good condition and not older than five years.

Please check with the receptionist at the desk in the lobby at Mollie Nye House before you leave them there. If they are on our shelves for more than a few months and they are not taken, they will be sent down to Booklovers to add to our credit. Happy Reading!



## A Book Report by Lorraine Campbell



Here is a short report of the book "The Honey Bus: A Memoir of Loss, Courage and a Girl Saved by Bees" by Meredith May  
Published 2019

Set in Carmel, California this is a story of a grandfather's quiet love for his grandchildren Meredith and Matt. Grandpa Franklin Peace was a plumber, an enthusiastic bee keeper and the much-needed stability in the children's lives after their parents had separated and divorced. Over years he teaches them life's lessons through the wonderful work of honey bees. A warm, inspiring story that also has periods of hardship and despair. It proves how the power of one person's love can overcome huge obstacles."

## FENCE OF SHOES – article and photos by Lorraine Campbell

One year ago, in May 2021, much to the horror of Canadians, 215 unmarked children's graves were found at the former church-run Kamloops Indian Residential School. Later last year, more unmarked children's graves were found in other residential schools across Canada. The Fence of Shoes on Lynn Valley Road, just past the Walter Draycott statue, is a memorial to all those children and it was started by Gwyneth Sobejko, a Lynn Valley resident.

From my experience, Lynn Valley is a very caring community as the memorial of flowers and signs of support grew at the Lynn Valley Library where one person died and six were injured after a stabbing at that location in March 2021. Please try to visit the Fence of Shoes and the Lynn Valley Library where a local artist, along with community members, created and installed an art installation to provide a sense of positivity in the community.



On June 21, we commemorate National Indigenous Peoples Day to recognize the history, heritage and diversity of First Nations, Inuit and Métis peoples in Canada.

We would like to thank the Coast Salish people, including the Skwxwú7mesh Nation (Squamish), xʷməθkʷəy̓əm (Musqueam) and sə̌ilwətaʔt̓ (Tsleil-Waututh) Nations, upon whose traditional territories the LVSA at Mollie Nye House resides.



With Mollie Nye House opening up more and more, and attendance at Seniors Drop-in Activities becoming greater and greater, we are currently looking for donations of yarn to continue making items for Mollie's Nook located at the reception at the House. Sales from these handmade goods support all LVSA programs. We will also be able to use the yarn to make ICROSS comfort dolls hats, blankets, dresses, misc. items, sweater sets for local and global charities.

In addition to yarn, we are also looking for donations of any size of 100% cotton fabric to make quilts which are always in demand.

**YOUR DONATIONS WOULD BE MUCH APPRECIATED.  
WE CAN EVEN PICKUP IF NECESSARY!**



## **MUNCH & MINGLE**

Operated by Vancouver Coastal Health

**This service continues every Wednesday**

**11:30 am – 12:30 pm**

**For \$7, Soup & Sandwich will be served along with coffee or tea.**

**All seniors and their caregivers welcome!**

*. You are welcome to reserve your spot by RSVPing to Shawn Chessell  
[shawn.chessell@vch.ca](mailto:shawn.chessell@vch.ca) 604-761-1474*

# CALENDAR OF DROP-IN ACTIVITIES FOR MOLLIE NYE HOUSE

Fee for Walking Group, Chair Stretch, Arts/Crafts, Mahjong, Sewing, Book Club, Stamp Club

**\$3 per session for LVSA members/\$5 for non-members**

**Munch & Mingle is operated by Vancouver Coastal Health**

**Wednesdays 11:30am-12:30pm**

**\$7 for Soup/Sandwich/Tea or Coffee**

Monday	Tuesday	Wednesday
<p><b>Walking Group</b> – Audrey 10:00am Location: Various</p> <p><b>Chair Stretch</b> – Del 11:30am – 12:30pm Activity Room</p>		
		<p><b>Munch &amp; Mingle</b> Vancouver Coastal Health 11:30am– 12:30pm Location: Activity Room</p>
<p><b>Arts &amp; Crafts</b> - Peggy 1:00pm – 3:30pm Location : Activity Room</p> <p><b>Mahjong</b> - Janet 1:00 pm – 3:30pm Location : Activity Room</p>	<p><b>Sewing Group</b> – Jeanette 12:00pm – 3:30pm Location: Activity Room</p> <p><b>Book Club</b> – Dee 1:00pm – 2:30pm Location: Living Room</p>	<p><b>Stamp Club</b> -Margaret Every 2<sup>nd</sup> Wednesday 1:30pm – 3:30pm Location: Activity Room</p>

**Come Join Us!**