

LVSA NEWS



Mollie Nye House
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January - February 2023



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**Mollie Nye House will reopen
on Tuesday, January 3, 2023**

**Mollie Nye House will be closed
on Monday, February 20, 2023
for BC Family Day**



**Come Join Us at
Mollie Nye House!**



“Carefully watch your thoughts, for they become your words. Manage and watch your words, for they will become your actions. Consider and judge your actions, for they have become your habits. Acknowledge and watch your habits, for they shall become your values. Understand and embrace your values, for they become your destiny.”

— Mahatma Gandhi —

**Message from the Board
by Peggy Ament, President**

Board Members

Peggy Ament

Marina Bailey

Margaret Ballantine

Georgina Duplissie

Jackie Hay

Wanda Lloyd

These past two months have been extremely busy. First, we hosted a Christmas get-together called a Festive Traditional French-Canadian Meal. The event was “sold out” with 41 attendees enjoying food, games, and a sing-along. On Saturday, December 3, the items from Mollie’s Nook were on display for sale at a craft fair at the House which was very successful. Then on Sunday, December 4, we decorated a tree at Lynn Valley Village. On Monday, December 5, the items donated for the 5th Annual Red Stocking Collection were picked up by Paul Butler of Hollyburn Community Services for youth and seniors in need. Many thanks to all the members who supported these traditional Christmas initiatives at the House.

After much deliberation, the decision has been made by the Board of Directors to raise the LVSA annual membership to \$25. In order to provide our members with the same low cost for events and bus trips, the Board thinks it is imperative to bolster our finances after two years of Covid losses. During those two years, with little revenue, the LVSA still had fixed and major expenses such as insurance and bus maintenance.

However, we have implemented an EARLY BIRD discount for those who take advantage of our membership drive during the month of January. During January, the cost will remain at \$20. The membership team will make it very easy to sign up by being at the reception desk at the House every Monday from 11:30am – 3:30pm. We will also be visiting members during drop-in times. If a visit to the House is inconvenient, simply put your cheque in the mail. Once again, thanks for your support.

If you are aware of an LVSA member who is ill or hospitalized or who has lost a loved one, please let us know. One of our volunteers is willing to write and send cards of cheer or condolences. However, cards cannot be sent out unless we hear from you. Please email info@lvsa.ca or call 604-987-5820 and leave a message for Peggy.

Our Festive Traditional French-Canadian Christmas Meal



Peggy joking with Wayne about his Elf name HAPPY, the theme for the evening.



Marina welcoming guests with Jeanette's floral arrangement.



Maureen, Jeanette, Doreen, Del enjoying the event.



Marie and Sheila, both happy door prize winners.





Walter and Wayne, our gentleman volunteers, at the ready for any task.



Mary and Carol sharing a happy moment.



Lin taking a well-deserved break after so much action in the kitchen.



We were so happy to welcome Helen playing the piano and leading the sign-along.

Many thanks to the Special Events Committee and others for their contributions: planning, reserving, advertising, shopping, cooking, setting tables, decorating, serving, organizing 50/50 and door prizes, computers, entertainment, photography, financing, cleanup.

LVSA BUS TRIPS FOR JANUARY AND FEBRUARY 2023

Please note the details for the following bus trips can be obtained on-line, picked up at Mollie Nye House or by phoning 604.987.5820. Each bus trip has a deadline for registering. If there are not enough seats sold by that date, the trip could be cancelled. Be sure to add your name to the waiting list of a sold-out trip. Cancellations do happen.

***Please be considerate of others and limit your use of scented products when going on a bus tip. Thank you.

STARLIGHT CASINO

Costs: Member \$20 non-member \$30

Wed. Jan. 18th 9:15 am – 2:45 pm
Register by Jan.11th

We 're off to New Westminster to the Starlight Casino where you can play the slots, enjoy your favourite table game, or have lunch at one of the restaurants. (not included in price)
Leave your encore number when you register and receive \$5 free slot play.

BLOEDEL CONSERVATORY

Costs: Member \$25 non-member \$35

Tues. Jan. 31st 9:30 am – 2:30 pm
Register by Jan. 24th

We will drive to Queen Elizabeth Park where we will spend 1 hour at the conservatory admiring the 100 exotic birds & 500 exotic plants & flowers in its lush, temperature-controlled environment. After our "trip to the tropics" we will have lunch (not included in price) at Seasons in the Park restaurant.

HONEYBEE CENTRE

Costs: Member \$30 non-members \$40

Thurs. Feb. 9th 9:15 am – 2:30 pm
Register by Jan. 31st

Come along and join us for a tour of Honeybee Centre in Surrey. See and learn about the bees at work. You will participate in a presentation which will include honey tasting. Following the presentation, you will be taken through the shop where they will explain the products, both honey & honey-themed. A 10% discount will apply to all purchases. Lunch will be at Medley's in North Van. (not incl in price)

MUSEUM OF VANCOUVER

Costs: member \$28 non-member \$38

Mon. Feb. 27th 9 am – 2:30 pm
Register by Feb. 13th

We will start with a drive to Kits Point location of Museum of Vancouver where we will have a brief introduction to the museum followed by 2 hrs. of exploring the gallery focused on the history of Vancouver. From the original indigenous settlements through to the city where we live today as well as several feature exhibits. Following our visit, the bus will take us to Juliet's café for lunch (not included in price) before returning to North Vancouver.



All the hand-made items from Mollie's Nook on display at a very successful craft fair.



Jani, Wanda, Peggy, Lin enjoying some socializing after decorating our LVSA tree at Lynn Valley Village. The cost of the tree was donated by Collingwood School.

LVSA 5th Annual Christmas

RED STOCKING COLLECTION



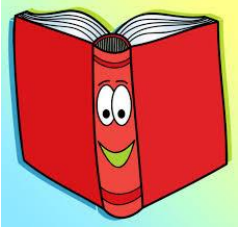
- 1 housecoat
- 2 PJ sets for girls
- 1 PJ bottoms for boy
- 4 knitted blankets
- 41 toques
- 26 pr gloves, mitts, handwarmers
- 1 pr slippers
- 29 pr socks
- 12 scarves & neck warmers
- 3 pr underwear for boys
- 1 nylon vest
- Assorted Toiletries
- Canned food, other miscellaneous items

Once again, during the Christmas Season, the Lynn Valley Seniors Association collected items for those in need through Hollyburn Community Services. On Monday, December 5, 2022, after a sorting session by Lorraine, Jackie, and Jeanette, Paul Butler picked up all the items which our members had donated.



Paul Butler was so grateful for all the items in the 5th Annual Red Stocking Collection donated by our membership and others during the month of November. Pictured with him are Lorraine, Jackie and Jeanette who sorted the goods and photographed them just before pickup on December 5, 2022.

A Book Report by Lorraine Campbell



Here is a short report of the book:

Runner: Harry Jerome, World's Fastest Man

By Norma Charles

Published 2017

Harry Jerome was born in Prince Albert, Saskatchewan on September 30, 1940 and was the eldest of three children. After a couple of provincial moves, the Jerome family eventually settled in North Vancouver where they suffered intense racism, discrimination, and personal tragedies. This book follows Harry's childhood through to the 1960's when he competed in the 1964 and 1968 Summer Olympics. Harry passed away at age 42 on December 7, 1982 from a brain aneurysm. Although this book was written for children in Grades 4 – 6, it should be read by everyone to learn more about this amazing athlete.



Munch & Mingle

(Operated by Vancouver Coastal Health)

This service continues every Wednesday

11:30 am – 12:30 pm

In the Mollie Nye House Activity Room

For \$7, Soup & Sandwich will be served along with coffee or tea.

All seniors and their caregivers welcome!

You are welcome to reserve your spot by RSVPing to Shawn Chessell

shawn.chessell@vch.ca 604-761-1474

Our Quilt Raffle

During the month of November, the LVSA organized a fundraising raffle to support our seniors' activities. This gorgeous hand-made quilt was donated by one of our members, Jeanette Franklin. It measures approximately 50" wide by 60" long. The tickets sold for \$5 each and there was a limit of 25 tickets sold. The draw took place at our Festive Traditional French-Canadian Christmas celebration on Friday, December 2, 2022. The lucky winner was Blanche Boyce who was thrilled with the colours and design.



Pictured to the left is Jeanette Franklin, creator of the hand-made quilt. Below is Blanche Boyce, winner of the quilt, presented by Peggy Ament.



CALENDAR OF DROP-IN ACTIVITIES FOR MOLLIE NYE HOUSE

Fee for Walking Group, Chair Stretch, Arts/Crafts, Mahjong, Sewing, Book Club,
Painting, Stamp Club, Friendly Friday

\$3 per session for LVSA members/\$5 for non-members

Munch & Mingle is operated by Vancouver Coastal Health

Wednesdays 11:30am-12:30pm

\$7 for Soup/Sandwich/Tea or Coffee

Monday	Tuesday	Wednesday	Friday
<p>Walking Group – Audrey 10:00am Location: Various</p> <p>Painting 11:00am – 1:00 pm Location: Dining Room</p> <p>Chair Stretch – Del 11:45am – 12:45pm Location: Activity Room</p>			<p>Friendly Friday - Jan 10:30am – 12:30 pm Location: Dining Room</p>
		<p>Munch & Mingle Vancouver Coastal Health 11:30am– 12:30pm Location: Activity Room</p>	
<p>Arts & Crafts - Jeanette 1 :00 pm – 3:30pm Location : Activity Room</p> <p>Mahjong - 1:00 pm – 3:30pm Location : Activity Room</p>	<p>Sewing Group – Jeanette 12:00pm – 3:30pm Location: Activity Room</p> <p>Book Club – Dee Every 1st Tuesday 1:00pm – 2:30pm Location: Living Room</p>	<p>Stamp Club -Margaret 2nd and 4th Wednesdays 1:30pm – 3:30pm Location: Activity Room</p>	

Come Join Us!