

LVSA NEWS



Mollie Nye House
940 Lynn Valley Road
North Vancouver, BC
V7J 1Z7
604-987-5820
Email: info@lvsa.ca
Website: www.lvsa.ca

Instagram: [lynnvalleyseniorsassociation](https://www.instagram.com/lynnvalleyseniorsassociation)

January - February 2022 Issue



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**Mollie Nye House will reopen on
Tuesday, January 4, 2022
Programs will start on
Monday, January 10, 2022**

**Mollie Nye House will be closed on
Monday, February 21, 2022
for Family Day**





Message from the Board by Peggy Ament, President

Board Members

**Peggy Ament
Margaret Ballantine
Janet Dysart
Georgina Duplissie
Jackie Hay
Carol Thompson
Dee Walker**

We have experienced some serious climate conditions from heat dome, to wildfires, to flooding. It seems that Mother Nature has confounded our attempts to control her. Once again, we are compelled to take advantage of any good weather we are offered. Just when we hope that the worst of the pandemic is behind us, we have another variant on the horizon. Our resilience is being tested again.

Your Board members continue to meet monthly and have worked diligently with the LVSS to host the WARM WINTER TEA on December 3, 2021 (see page 3). After two organizational meetings, volunteers secured donations from local merchants who very generously contributed most of the refreshments. The Activity Room was decorated for the season and the tables were set with colourful tablecloths, flowers, and vintage teacups. Everyone agreed that it was a welcome and festive social event. All the leftover treats were delivered to the Lookout North Shore Shelter where they were very much appreciated.

Another major event held in November and December was the RED STOCKING COLLECTION (see page 6). For the fourth year, seniors and other community members made an enormous donation to vulnerable youth and seniors through Hollyburn Community Services Society. The organization was overwhelmed with the response and outpouring of support.

Due to COVID and subsequent low participation of seniors at the House, we are going to be experiencing difficulty with our annual membership drive in January 2022. We count on your annual fee, which will remain at \$20, to support all LVSA initiatives such as this newsletter, bus trips, and social events. For that reason, we are attaching a membership form to the back of this newsletter which we kindly ask you to print, and then to drop off or mail to Mollie Nye House. A reminder that your membership allows for discounts on bus trips, programs for \$3 instead of \$5, as well as complimentary parking next door.

THANK YOU IN ADVANCE FOR YOUR CONTINUING SUPPORT OF OUR EFFORTS!

If you are aware of an LVSA member who is ill or hospitalized or who has lost a loved one, please let us know. One of our volunteers is willing to write and send cards of cheer or condolences. However, cards cannot be sent out unless we hear from you. Please email info@lvsa.ca or call 604-987-5820 and leave a message for Peggy.



A Warm Winter Tea was hosted by the LVSS and the LVSA

The mood was festive in the Mollie Nye Activity Room on Friday, December 3, 2021 as thirty-nine community members gathered for a pre-season get-together. Coffee, tea, and fruit punch were provided along with a multitude of tasty sweets. Many thanks to the volunteers who organized and managed the event—Andrea, Carol, Dee, Dorothy, Jackie, Jean, Jeanette, Marina, Peggy. The space was decorated by the 3rd Grouse Pathfinders, refreshments were donated by Waves (Lynn Valley), Safeway (Lynn Valley) and Westlynn Bakery. Participants left with “reflective feathers” provided by ICBC and even some doorprizes. With Covid safety protocols in place, everyone agreed that the Tea was a welcome moment to renew friendships and to gather socially. Thanks to everyone. It was a HUGE success!





Pandemic Pocket

Stuck at home during the height of the pandemic, what did you do? Did you read a ton of books, or start a new hobby, or try a new recipe, or phone a friend every day?

For the LVSA Newsletter, we thought it would be interesting to see what our seniors actually did to occupy their time. Please submit your story to Janet Dysart: mervynd23@gmail.com and, with your permission, we will print it in future LVSA newsletters!

Please send me YOUR favourite pastimes during the Pandemic.

A “Good News” story submitted by Jackie Hay. In mid-March 2020, when the pandemic consumed the world, a North Vancouver group sprang into action. “Sew with Claire” started sewing PPE for midwives and it soon expanded to other medical groups as well. After seven months, 200+ volunteers have sewn the following items:

- 1200+ waterproof medical gowns
- 1300+ medical caps
- 3400+ masks
- 140+ laundry bags
- 85+ ear savers

These items have gone to hospitals, doctors’ offices, medical clinics, midwives, low-income support groups and other members of the community. None of this would have been possible without the ongoing support, passion, and hundreds of volunteer hours. Truly a “good news” story!

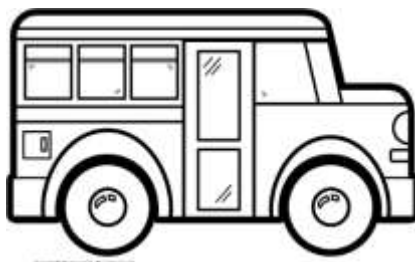
Many thanks to Ginny, Melissa, Sadaf for helping to decorate the main floor of Mollie Nye House for the LVSS and for decorating the Christmas Tree, gifted by Delany’s, for the LVSA at Lynn Valley Town Centre. These students were responsible, cooperative, and creative!!!



Melissa, Peggy, Ginny, Sadaf



LVSA BUS TRIPS FOR JANUARY & FEBRUARY 2022



Please note the details for the following bus trips can be obtained on-line, picked up at Mollie Nye House or by phone 604.987.5820. Each bus trip has a deadline for registering. If there are not enough seats sold by that date, the trip could be cancelled. Be sure to add your name to the waiting list of a sold-out trip. Cancellations do happen.

Trips on sale beginning January 10th @ 11:00 am.

Full refunds are only given if LVSA cancels a trip or if the ticket can be sold to someone on our waiting list for that same trip.

According to Provincial Health Regulations, and for the health of all, passengers must wear masks and show proof of full vaccination.

*****Please be considerate of others and limit your use of scented products when going on a bus trip. Thank you.**

ELEMENTS CASINO

Costs: Member \$26.00 Non-member \$36.00

Tue. Jan. 25th 9:30am – 3:30pm

Register by Jan. 17th

We're off to Elements Casino in Surrey. You can try your luck at the slot machines, blackjack, roulette, baccarat, and more, then have lunch (not included in price) at Foodies. Encore members will receive \$10 free slot play. Please leave your Encore number when you register. Limited walking.

**** pick up at Karen Magnussen @ 9:45am. Arrive 15 mins earlier.**

GRANVILLE ISLAND

Costs: Member \$25.00 Non-member \$35.00

Thurs. Feb 17th 10am – 3pm

Register by Feb. 9th

A trip to Granville Island, stroll the public indoor market as well as an array of other outlets. The market offers food and produce stores as well as gifts and other products. Come along and explore, buy lunch (costs not included). Lots of walking.

**** pick up at Karen Magnussen @10:15 am. Arrive 15 mins. earlier.**

**LVSA 4th Annual Christmas
RED STOCKING COLLECTION**



Dec. 8, 2021

Hi everyone,

This collection is amazing. Thank you so much for everything that was donated. Staff and I are very appreciative of the gifts.

Warm Regards,

Paul Butler

Director of Youth Services

Hollyburn Community Services

Society

With Lorraine's initiative, Paul Butler, Director of Youth Services at Hollyburn Community Services Society was contacted in late October and asked whether he was in a position to receive donations from the LVSA and other community members. He replied with a resounding "Yes, thank you" and let us know what donations would be the best to collect. Throughout the month of November, items were collected. The Seniors did not disappoint and amassed huge bundles of gifts. On Monday, December 6, Lorraine, Jackie, and Jeanette sorted the articles, made an inventory list of all the articles, and photographed the collection. Paul Butler was "over the moon" with the outpouring of giving from the community. The collection will be delivered to vulnerable youth and seniors. Great job everyone!



Inventory:

58 pairs of socks, 3 sweatshirts, 3 regular shirts, 16 pairs of underwear, 9 pairs of gloves, 1 pair slippers, 18 scarves, 27 toques, 2 pajama bottoms, 1 pair ear muffs, misc. toiletries, 3 games, 2 puzzles, 1 umbrella, 5 gift cards, paper products for crafts, food (4 cans of soup, 2 Chef Boyardee cans, 14 teas (1 large box and many small packages), 1 package of cookies, 1 mug, packages of Equal, 1 tea towel, 1 pot holder, 6 lap blankets and a QUILT.

(Photos by Jackie)

North Shore ElderCollege Spring Programming

by Janet Dysart LVSA Member

Come and join us online for the 2022's Spring ElderCollege program. There is a huge mixture of learning opportunities for everyone. Sadly, due to all the uncertainty of Covid regulations, the decision was made to stay with Zoom online sessions. The exciting part of that is we can have speakers from all over!

To give you an idea of what is to come, here is a sample of the sessions:

- **What's News** - Three different groups, moderated by two volunteers, will discuss the world's politics and what it means for us.
- **Champions of the Environment** - I will facilitate this 6 Mondays session. We cover climate change, the weather with Johanna Wagstaffe, the Liberal Party's Climate Change plans with Jonathan Wilkinson, Stuart Cohen aka Dr. Climate Change, building for the future, invasive species strategies and more
- **Pandemic Perspectives** - What is going on with the pandemic? Where are we now?
- **Archeology with Christine Johnson**
- **Two series on books** - Pure Fiction and Books Unlimited
- **Canada in the Cold War**
- **Trail Tuesdays** provides outdoor hikes with leaders in various parks locally

Registration Day is January 10, 2022. You will be able to visit the website prior to that day.

Website: <https://www.nseldercollege.org/fall-2021-courses.html> Looking forward to seeing you online.

A Book Report by Lorraine Campbell



Here is a short report of the book "Year Book" by Seth Rogan
Published 2021

Born on April 15, 1982 in Vancouver, Seth grew up in a Jewish family in Kerrisdale. "Year Book" is mostly a book of short funny stories from Seth's youth in Vancouver to his Los Angeles move where he currently resides. Seth started his comedic path at age 12 after his parents enrolled him in a comedy workshop. This led to his first stand-up in 1994 at "The Lotus" in Vancouver. His eccentric grandparents provided him with fodder for this first stand-up which, considering his young age, went remarkably very well, receiving lots of laughs. After that, he performed at various comedy outlets around Vancouver until his move years later to Los Angeles for a part in "Freaks and Geeks". His career rose steadily under Judd Apatow's guidance. "Year Book" is a book for Seth fans, and not for everyone, as there is lots of talk about drugs, but very funny. Good to see a hometown boy make it in the American film industry.



Mollie Nye House is operated by Lynn Valley Services Society. Staff and volunteers are proud to continue the Nye family tradition of serving the community. LVSS offers a wide variety of programs, services and events for all ages, throughout the week and weekends, all year long. Our reception desk is open Monday to Friday from 10 am to 4 pm. Stop by and visit us. Email: info@mollienyehouse.ca Website: www.lvss.ca



Mollie Nye House
940 Lynn Valley Road
North Vancouver, BC

The construction of the Nye Family home took place during the spring and summer of 1913, and was completed in anticipation of the arrival of Miss Mollie Nye. With the exception of the basement, the house is much the same today as it was in 1913.

After Mollie's death in 1997, the property passed to the District of North Vancouver and was upgraded for community use.

The purpose of Mollie Nye House is to create a welcoming, active place where Lynn Valley residents feel a sense of belonging and pride. Programs and services are provided for all ages. The house and garden are maintained in order to recognize its historical place in the community and the contributions of the Nye Family.

**Wishing you a peaceful and joyful Christmas season and all the best for the New Year
Andrea Winterbottom, on behalf of the Board, staff, volunteers.**

CALENDAR OF DROP-IN ACTIVITIES FOR MOLLIE NYE HOUSE

**Fee for Walking Group, Chair Stretch, Arts and Crafts, Mahjong, Sewing and Stamp Club
\$3 per session for members/\$5 for non-members**

**Munch & Mingle is operated by Vancouver Coastal Health
Fee and Start Date to be determined**

Monday	Tuesday	Wednesday
<p>Walking Group – Audrey 10:00 Location: Mollie Nye House</p> <p>Chair Stretch – Del 11:45am – 12:45pm Location: Activity Room</p>		
		<p>Munch & Mingle TBD 12pm – 2pm Location: Activity Room</p>
<p>Arts & Crafts - Peggy 1 :00pm – 3:30pm Location : Activity Room</p> <p>Mahjong - Janet 1 :00 pm – 3 :30pm Location : Activity Room</p>	<p>Sewing Group – Jeanette 12:00pm – 3:30pm Location: Activity Room</p>	<p>Stamp Club -Margaret Starting Sept 22 Every 2nd Wednesday 1:30pm – 3:30pm Location: Activity Room</p>

All Mollie Nye House programs, under the auspices of the Lynn Valley Services Society (LVSS), will be adhering to all Provincial Health Orders and guidelines, and will communicate specific protocols and procedures. Thank you for your continued patience and cooperation.

HAPPY
new year
2022

Lynn Valley Seniors Association
940 Lynn Valley Road, North Vancouver. BC V7J 1Z7 Tel. 604-987-5820
Website: www.lvsa.ca Email: info@lvsa.ca

Membership Application for 2022

Card # _____

Date: _____

Please keep your permanent membership card with you as it will be required when attending seniors' drop-in programs, or to book bus trips/events, and to take advantage of any discounts available to members.

Please print and complete in full:

Name: _____

Address: _____

Postal Code: _____ Email Address: _____

Phone No. _____ Year of Birth: _____

Signature: _____

In case of emergency, contact: _____ Phone No. _____

I grant LVSA the right to publish my photo in any of its publications or displays: Yes () No ()

Our association is run by volunteers. Please consider signing UP!

I am interested in volunteering (check as many as you like):

- On a regular basis
- Occasionally
- Mornings
- Afternoons

Volunteer opportunities that interest me are (check as many as you like);

- Reception Desk
 - Computers
 - Gardening
 - Board Member
 - Committee Member
 - Newsletter
-

Office Use Only: Cash: _____ Cheque: _____ Entered: _____