

MOLLIE NYE HOUSE

Official Newsletter of the Lynn Valley Services Society



Summer Days are Here!

As lazy summer days of barbeques, beaches, and school breaks begin, we focus on the things that matter. Family, friends, and health. Our patrons and staff often take time away to visit loved ones and enjoy outdoor activities. The hum coming from the house is more from the bees in the garden. Everyone slows down to soak up the warmth of summer rays. We hope everyone has a plan to stay comfortably cool this summer, but if you need advice or resources please check out our Cooling Workshop on page 4!

In this Newsletter

Issue:

- May recap
- Event highlights
- Meet the Staff / Volunteer
- House notes
- Printable calendar for the fridge

May Recap

Mother's Day High Tea & Luncheon

Dainty sandwiches were savoured, tea was sipped (but not slurped!), and desserts were nibbled at our High Tea on May 16th. A flock of volunteers fluttered between tables in their white aprons and flowered hats, passing out treats. Despite the prim and proper vibe, our tea-themed trivia brought out the competitive side, with a tie-breaker needed for the three 1st place teams. Overall, it was a tip-top afternoon!



Rachelle and daughter Hailey sported fancy hats to serve the crowd



Sweet treats loaded up on serving platters!

The room was packed with High-Tea-ers!



Donations Needed



The Mollie Nye House is in need of teapots for our tea parties and special events. Several have been cracked over the years and leak. If you have an extra around that you don't need, we would love to utilize it! Please email

events@lvss.ca.

Message from the Lynn Valley Senior Association Board

On Tuesday, June 9, 2026, at 1 pm, the District of North Vancouver will be visiting the LVSA (Seniors) at Mollie Nye House to conduct an outreach called the Ageing and Older Persons Strategy. A team of community planners are inviting Seniors to share their priorities on how the District of North Vancouver should proceed.

Please join us for a short presentation, followed by their request for feedback. This is a perfect opportunity to let our ideas be forwarded to the District. Coffee, tea, and snacks will be provided.

SAVE THE DATE

LVSA is having a picnic to celebrate

Canada Day@ Mollie Nye House

Wednesday, July 1st

4:30 pm to 7 pm

\$10 for members \$8 family non-members

Please register at MN House reception desk by June 24th

Come join us for a fun picnic!

If you are aware of an LVSA member who is ill, hospitalized, or who has lost a loved one, please let us know. One of our volunteers will write and send cards of cheer or condolences. Please email info@lvsa.ca or call 604-987-5820 and leave a message for Jackie.

In Memoriam - Dorothy Zowty, a long-time and beloved LVSA member, passed away peacefully on May 19th.



Upcoming Event Highlights for June - Mark your Calendars!



Thursday, June 4th from 3-4:30 pm - Join us for a FREE Cool & Collected workshop to learn how to stay cool and healthy during extreme heat events. Refreshments provided. Attendees receive a free cooling kit (subject to availability). [Registration required here](#)



Friday, June 5th from 7-9 pm - Summer Nights Music Night event with [Bruce Coughlan](#) at Mollie Nye. Enjoy free popcorn and a cash bar. Get \$10 tickets at the house, at the door, or [online here](#)



Tuesday, June 9th from 1-2 pm - Join us at Mollie Nye House for a District-led workshop focused on understanding seniors' needs. This guided conversation invites older adults, caregivers, and community members to share insights on wellbeing, accessibility, mobility, and ageing in place. Your input will help shape the District's Ageing and Older Persons Strategy. Please [RSVP here](#)



Saturdays, June 13th, 20th, 27th from 3:30-4:30 pm - Bring your boots and dancing shoes for Beginning Line Dancing! [Register here](#)

Upcoming Event Highlights for June - Mark your Calendars!



Wednesday, June 17th from 7-8:30 pm - Drumming with Abby in an upbeat & playful rhythmic experience! Both experts and beginners are welcome. Buckets and percussion provided, OBYO drum. [Register here](#)



Saturday, June 27th from 12:30-2 pm - Learn to craft an enchanting fairy house and wee garden area using natural materials and imaginative design techniques. All materials, fun facts, fairy snacks, and face painting included. [Register here](#)



Wednesday, July 1st from 4:30-7 pm - LVSA members and their families are invited to a Canada Day Celebration Picnic. Please sign up at the reception desk at the house or call 604-987-5820. Posters will be emailed out to LVSA members later in the month.



Wednesday, July 1st the Mollie Nye House office will be closed for the statutory holiday.

Chamber of Commerce *After 5* Event



Fabulous sushi platters were donated by Mr Sushi (owner Edward Park is our LVSS Board Treasurer)

On Wednesday, May 13th, the Lynn Valley Services Society at the Mollie Nye house hosted a networking event for fellow businesses of the North Vancouver Chamber of Commerce. The monthly *After 5* event runs on a weeknight between 5-7 pm. Attendees generally come after work to grab some appetizers, a glass of wine, and to network and promote their businesses. The LVSS, which operates the house on behalf of the NV District, hosted the event to promote our community work and rental opportunities.

L-R: Patrick Stafford-Smith (CEO NVC), John Charles (Executive Director LVSS), Tracey Lazenby (Board President LVSS)



Free Trike Lessons & Tours!

[Have Trike, Will Travel](#) is offering the Mollie Nye House free trike lessons and tours. They provide the trikes and helmets for the ~1 hour tour down on the Spirit Trail. Explore the freedom of a stable, gas-saving ride that also totes your gear!

Participants need to pre-book a free lesson by phone (604) 442-0058 or email

havetrikes@gmail.com.

Meet the Volunteer - Theresa-Marie R.

Theresa-Marie is our in-house curator. She catalogs all of the historical items at the Mollie Nye house. She is a born and bred North Shore local with a special passion for history and architecture. Her favourite long-time restaurant is Yama Sushi. Please say hello if you see her around the house!



House Notes -

The Mollie Nye House Hours:
Monday - Friday 10 am - 5 pm
(closed for lunch 12:30-1 pm)

Closed on all statutory
holidays and the last two
weeks of December.

Address is

940 Lynn Valley Rd
North Vancouver BC
V7J 1Z7

Phone: 604-987-5820

Email: manager@lvss.ca

Website lvss.ca

Program Highlight - Stamp Club

The long-running Lynn Valley Stamp Club meets on the second and fourth Wednesdays of every month from 1:30-3:30 pm. The first meeting of the month is an auction and the second is a “sort”, when members do swaps and sort through the collective stockpile to fill out their collections. Experience ranges from experts to beginners and all are welcome to come check it out!



2026 Club Members

June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1 Beginner Tai Chi 9:50-10:40 Walking Group 10-11:30am Chair stretch 11:45-12:45 pm Mahjong 1:15-3:15 pm Knitting 4-5 pm	2 Sr Movement 10-11 am Parkinson's 11:30-12:30 Sewing 1-4 pm	3 Munch & Mingle Lunch 11:30-1 pm	4 Cool & Collected Workshop 3-4:30 pm	5 Friendly Fridays 10:30-12:30 pm Sr Movement 1-2 pm Music Night 7-9 pm	6 Gather Club 10-12pm
7	8 Beginner Tai Chi 9:50-10:40 Walking Group 10-11:30am Chair stretch 11:45-12:45 pm Mahjong 1:15-3:15 pm	9 Sr Movement 10-11 am Parkinson's 11:30-12:30 Senior Strategy 1-2 pm Sewing 1-4 pm	10 Munch&Mingle 11:30 -1 pm Stamp Club 1:30-3:30 pm	11	12 Friendly Fridays 10:30-12:30 pm Sr Movement Fitness 1-2 pm	13 Gather 10-12 pm Line Dancing 3:30-4:30
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28	29 Walking Group 10-11:30am Chair stretch 11:45-12:45 pm Mahjong 1:15-3:15 pm	30 Sr Movement 10-11 am Parkinson's 11:30-12:30 Sewing 1-4 pm	1 LVSA Canada Day Picnic 4-7 pm Canada Day Holiday-MNH Closed			

*Click on each event to find more info on registration and prices. Some programs are drop-in, and others require pre-registration.

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