

MOLLIE NYE HOUSE

Official Newsletter of the Lynn Valley Services Society



Welcome to the new Official Newsletter of the Mollie Nye House

January is a time for new beginnings, resolutions, and planning. Whether your goals are health-related, community-minded, or budget-oriented, we have something for you. Several of our programs are free (Ukulele, Climate Cafe), or free to try out. Our Chair Stretch, Tai Chi, Walking, or EmPWRment Fitness groups will keep you moving, and all our programs and events will connect you with others. If you are looking to contribute even farther, you can apply to volunteer [here](#). We look forward to seeing you in 2026!

Our Inaugural
Newsletter Issue:

- December recap
- Event highlights
- Meet the Staff /
Volunteer
- House notes
- Printable
calendar for the
fridge

Canapés and Cocktails Holiday Party!

For our first annual cocktail party at the Mollie Nye house, we served jolly cocktails, yummy appetizers, and had the musical duo, Silver Bells, sing carols. Our lovely heritage house was the perfect setting to engage with friends new and old. Tickets included a welcome mug of mulled wine, platters of hearty canapés, and live music for only \$30! A team of dedicated volunteers had decorated the house for full festive cheer and candles were aglow.



Dave, Mark, Jason, and Vivek
toasting to Christmas

Theresa and
Wendy
enjoying the
holiday tunes
and fun
conversation



Holiday Open House!

Board members, staff, volunteers, and community joined us on December 19th for our Holiday Open House. They all enjoyed the delicious treats and warm drinks on a drizzly day!

Message from the LVSA Board

As 2025 draws to a close, your Board would like to thank everyone who joined us for the LVSA Christmas lunch on December 9th. With 51 guests in attendance, the room was filled with good cheer, lively conversation and the wonderful aroma of a delicious lasagna lunch catered by The Moveable Feast, located in North Vancouver. The festivities continued as Helen tickled the ivories on the piano, joined by two talented singers, Angela & Shaun, who had everyone happily singing along to traditional Christmas favourites – proving once again that the holiday spirit is alive and well at LVSA.

The afternoon also included a few heartfelt moments of appreciation. Marina Bailey was acknowledged for her four years of dedicated service as a Director on the Board as she prepares to retire and move to Langley. Past President, Peggy Ament, was thanked for her many years of service as Editor of the LVSA newsletter and was presented with a poinsettia planter—a festive reminder of our gratitude.

Adding to the fun, congratulations go to Roberta, the lucky winner of the 50/50 draw. Judy and Reta, who were recipients of the Drop-in card draw, while three other members received a \$20 gift certificate each to The Nook, located in the reception area of Mollie Nye House.

In the true spirit of the season, on behalf of LVSA members, your Board was also pleased to support the community by making a \$1,500 donation in December to the Harvest Project, a valued local charity. With prizes, music, generosity, and plenty of holiday cheer, it was a lunch to remember!

As we look ahead to another busy and enjoyable year, a friendly reminder that 2026 LVSA membership fees are now due. The annual fee remains at \$20. Please complete a membership form, and place it in an envelope, and drop it in the mailbox located inside the back entrance along with your payment (cash or cheque made out to Lynn Valley Seniors Association). Alternate arrangements will be made to have the membership fees collected at the end of each drop-In program during the last week in January. Thank you for being part of our LVSA community – we look forward to sharing many more good times together in the year ahead!

Senior Association Holiday Luncheon!



Members awaiting the prize results!



Volunteers dishing up plates



Singing along to carols with Helen



Jolly and festive fun!

A thank you sending off present to Peggy



Interim President Jackie with our special guest MC Joanne



Digging into plates of lasagna. Yum!

Upcoming Event Highlights for January - Mark your Calendars!



New Intro to Knitting Class on Wednesdays from 1-3 pm- come by to FINALLY learn how to knit and meet your holiday resolutions! Classes begin January 14th and run 3 sessions to create your own mug cozy and move forward with other projects. [Register here](#)



International Cooking Class - Portugal on January 17th from 4-7:30 pm - learn how to make Iberian specialties! [Register here](#)



Robert Burns Music Afternoon January 23rd from 3:30-5:30 pm- enjoy lively Scottish music, a cash bar, and free popcorn! Buy tickets [online here](#) or at the house for \$10.

January is Alzheimer's Awareness Month!

Find out more at the [Alzheimer's Society website](#) or by calling 1-800-936-6033 (Monday to Friday, 9 a.m. to 8 p.m.). The Mollie Nye

House hosts the Alzheimer's Society Cafe on January 14th from 10:30-11:30 am. Please call the Society to register for this monthly event.

Meet the Staff - Victoria B

One of our newest members of the Mollie Nye team is Victoria B. as our Event and Volunteer Coordinator. She just moved to North Van this summer from San Francisco, but is originally a Pacific Northwest gal. Her favourite bakery is Harmony Donuts in Upper Lonsdale. Her fun fact is she loves doing pub trivia with her husband! Say hello when you see her around the house.



House Notes -

The Mollie Nye House Hours:
Monday - Friday 10 am - 5 pm
(closed for lunch 12:30-1 pm)

Closed on all statutory holidays and the last two weeks of December.

Address is
940 Lynn Valley Rd
North Vancouver BC
V7J 1Z7

Phone: 604-987-5820

Email: manager@lvss.ca

Website lvss.ca



The students enjoy wine and conversation about making a Tuscan feast



Pat, Chef Tanya, Irma, and Sue prep vegetables for a healthy Mediterranean meal

Program Highlight - International Cooking Classes

Each month the Lynn Valley Services Society (LVSS) organizes an International cooking class on a Saturday evening. A professional chef navigates the group through cooking an interactive, several-course meal. As many hands makes a lighter load, the students get the opportunity to try out different techniques and styles of cooking. However, the best part is when the party moves upstairs to our beautiful heritage dining room to savor the meal with lovely beverages and decor. Previous menus have included French, Tuscan, Mediterranean, and Indian. Register fast as spaces sell out!

[Register and more info here](#)

January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3 Gather w/Helen 10-12pm
4	Tai Chi 9:50-11:40 am Walking Group 10-11:30am Chair stretch 11:45-12:45 pm Mahjong 1-3:30 pm	ESL Class 10-12pm EmPWRment Fitness 10-11 am Sewing 12:30-4pm	7 Munch & Mingle Lunch 11:30-1pm	8 ESL Class 10 am-12 pm	Friendly Fridays 10:30-12:30 pm EmPWRment Fitness 1-2 pm	10 Gather w/Helen 10-12pm
11	Tai Chi 9:50-11:40 am Walking Group 10-11:30am Chair stretch 11:45-12:45 pm Mahjong 1-3:30 pm	ESL Class 10-12pm EmPWRment Fitness 10-11 am Sewing 12:30-4pm	14 Munch&Mingle 11:30-1pm Stamp Club 1:30-3:30 pm Intro Knitting 1-3 pm	15 ESL Class 10 am-12 pm	Friendly Fridays 10:30-12:30 pm EmPWRment Fitness 1-2 pm	17 Gather w/Helen 10-12pm International Cooking 4-7:30 pm
Ukulele Jam 2-4:30pm	19 Walking Group 10-11:30am Chair stretch 11:45-12:45 pm Mahjong 1-3:30 pm	ESL Class 10-12pm EmPWRment Fitness 10-11 am Sewing 12:30-4pm	21 Munch & Mingle Lunch 11:30-1pm Intro Knitting 1-3 pm	22 ESL Class 10 am-12 pm	Friendly Fridays 10:30-12:30 pm EmPWRment 1-2 pm Music Night 3:30-5:30 pm	24 Gather w/Helen 10-12pm
25	Tai Chi 9:50-11:40 am Walking Group 10-11:30am Chair stretch 11:45-12:45 pm Mahjong 1-3:30 pm	ESL Class 10-12pm EmPWRment Fitness 10-11 am Sewing 12:30-4pm	28 Munch&Mingle 11:30-1pm Stamp Club 1:30-3:30 pm Intro Knitting 1-3 pm	29 ESL Class 10-12pm Climate Cafe 1-2:30 pm	Friendly Fridays 10:30-12:30 pm EmPWRment Fitness 1-2 pm	31 Gather w/Helen 10-12pm

*Click on each event to find more info on registration and prices. Some programs are drop-in, and others require pre-registration.

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4	5 <u>Tai Chi 9:50-11:40 am</u> <u>Walking Group 10-11:30am</u> <u>Chair stretch 11:45-12:45</u> <u>pm</u> <u>Mahjong 1-3:30 pm</u>	6 <u>ESL Class 10-12pm</u> <u>EmPWRment</u> <u>Fitness 10-11 am</u> <u>Sewing 12:30-4pm</u>	7 <u>Munch & Mingle</u> <u>Lunch 11:30-1pm</u>	8 <u>ESL Class</u> <u>10 am-12 pm</u>	9 <u>Friendly Fridays</u> <u>10:30-12:30 pm</u> <u>EmPWRment</u> <u>Fitness 1-2 pm</u>	10 <u>Gather w/Helen</u> <u>10-12pm</u>
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18 <u>Ukulele Jam 2-4:30pm</u>	19 <u>Walking Group 10-11:30am</u> <u>Chair stretch 11:45-12:45</u> <u>pm</u> <u>Mahjong 1-3:30 pm</u>	20 <u>ESL Class 10-12pm</u> <u>EmPWRment</u> <u>Fitness 10-11 am</u> <u>Sewing 12:30-4pm</u>	21 <u>Munch & Mingle</u> <u>Lunch 11:30-1pm</u> <u>Intro Knitting 1-3</u> <u>pm</u>	22 <u>ESL Class</u> <u>10 am-12 pm</u>	23 <u>Friendly Fridays</u> <u>10:30-12:30 pm</u> <u>EmPWRment 1-2 pm</u> <u>Music Night 3:30-5:30</u> <u>pm</u>	24 <u>Gather w/Helen</u> <u>10-12pm</u>
25	26 <u>Tai Chi 9:50-11:40 am</u> <u>Walking Group 10-11:30am</u> <u>Chair stretch 11:45-12:45</u> <u>pm</u> <u>Mahjong 1-3:30 pm</u>	27 <u>ESL Class 10-12pm</u> <u>EmPWRment</u> <u>Fitness 10-11 am</u> <u>Sewing 12:30-4pm</u>	28 <u>Munch&Mingle 11:30</u> <u>-1pm</u> <u>Stamp Club 1:30-3:30 pm</u> <u>Intro Knitting 1-3 pm</u>	29 <u>ESL Class 10-12pm</u> <u>Climate Cafe</u> <u>1-2:30 pm</u>	30 <u>Friendly Fridays</u> <u>10:30-12:30 pm</u> <u>EmPWRment</u> <u>Fitness 1-2 pm</u>	31 <u>Gather w/Helen</u> <u>10-12pm</u>